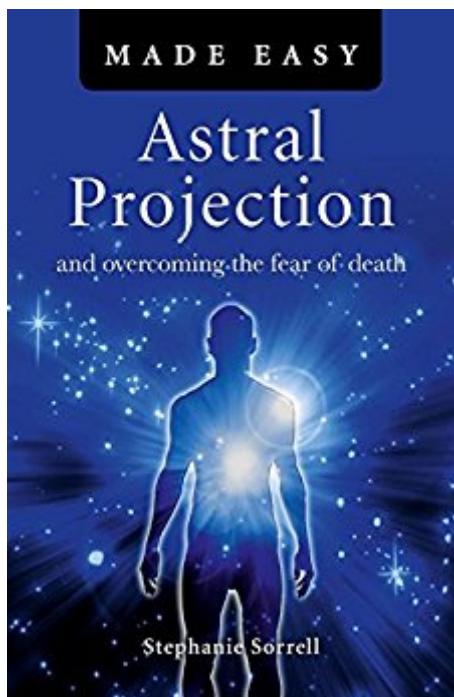


The book was found

Astral Projection Made Easy: Overcoming The Fear Of Death (Made Easy (O Books))



Synopsis

Mans greatest fear is of death. Because of this, a lot of energy goes into defending ourselves against this reality whether it be through illicit or recreational drugs, business or work. Astral Projection Made Easy is an attempt to eliminate this fear through approaching the whole concept of life beyond and outside the physical body through Near-Death Experiences(NDEs) Lucid Dreaming and the technique of Out-of-Body experiences(OBEs). The author draws from a rich source of information, including her own experiences of astral projection over 20 years. Within this context, she includes Eastern teaching and explores astral projection from a scientific, spiritual and psychic perspective. She includes a chapter on consciousness as well as what precipitates an altered state of consciousness. In order to support her work she includes historical case studies of other writers and contemporary ones as well as her own. There is a section on how to identify an out-of-body experience, what it may feel like, and the very real "symptoms" experienced on a somatic level. More than anything, the Work is engaging, accessible and rich in content.

Book Information

File Size: 291 KB

Print Length: 81 pages

Publisher: John Hunt Publishing (May 25, 2012)

Publication Date: August 7, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B008AJZ5TY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,086,878 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #340 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > Out-of-Body Experiences #1019 in Kindle Store > Kindle eBooks > Religion & Spirituality > Occult > Astral Projection #53136 in Books > Religion & Spirituality > New Age & Spirituality

Customer Reviews

There has been extensive work on parapsychology, especially on Astral Projections or Out of Body

Experiences (OBEs) and related phenomena, with a vast body of anecdote and speculation around the concept of what is variously called the Astral or Subtle body, or the "double", the idea that there is an etheric counterpart to the physical body, as supported by accounts of OBEs, apparitions, deathbed observations, Near Death Experiences (NDEs), etc. and as indicated by different spiritual traditions. Here in this contribution to the John Hunt Publishing Made Easy series, we have a straightforward, accessible and short introduction to the concept of the Astral or Subtle body, particularly in the context of the Astral Projection or Out of Body Experience. It is a very personal account, as the author uses her own vivid astral experiences to illustrate the book throughout, although she does also draw on the accounts of others who responded to a questionnaire on Astral Projection. After explaining the astral body, the book goes on to describe the inhabitants of the astral world, found at different levels depending on our different states of consciousness, and defined by the author as the Lower Astral, the Planes of Desire, and the Summerland. In this astral world we are told that there are helpers, guides, the recently deceased, astral forms of humans still alive in the physical world, non-human inhabitants and debris. In later chapters the author describes the symptoms accompanying Astral projection, with some thoughts on NDEs (according to an article in New Scientist recently, 18 million Americans have had an NDE), and lucid dreaming, journeys into outer space and other dimensions, and a final chapter on how to prepare for our own Astral projections if we are so inclined.

[Download to continue reading...](#)

Astral Projection :Astral Projection Mastery, Powerful Astral Projection And Astral Travel Techniques To Expand Your Consciousness Beyond The Psychical ! - astral projection - ! Astral Projection: The Beginner's Guide on How to Quickly and Successfully Experience Your First Out of Body Adventure (Astral Travel, Astral Projection, OBE, New Age, Techniques) Astral Projection: The Complete Guide for Beginners on Astral Projection, and How to Travel the Astral Plane (The Expanding Mind Book 3) Astral Projection Mastery: Powerful Astral Projection And Astral Travel Techniques To Expand Your Consciousness Beyond The Psychical! Astral Projection: The Complete Guide for Beginners on Astral Projection, and How to Travel the Astral Plane (The Expanding Mind) (Volume 3) Astral Projection Made Easy: Overcoming the fear of death (Made Easy (O Books)) The Astral Projection Guidebook: Mastering the Art of Astral Travel Lucid Dreaming: Learn How To Control Your Dreams In 10 Easy Steps - Lucid Dreaming Techniques (Lucid Dreaming, Astral Projection, Visualization Techniques) Mastering Astral Projection: 90-day Guide to Out-of-Body Experience ASTRAL PROJECTION: THE GUIDE Projection of the Astral Body The Llewellyn Practical Guide to Astral Projection: The Out-of -Body Experience Astral

Magick: Beyond Projection Train Your Brain to Learn Astral Projection, Safe Out-of-Body Experience with Hypnosis and Meditation Old Moore's 2017 Astral Diaries Virgo 2017 (Old Moore's Astral Diaries) Jokes For Kids - Joke Books : Funny Books : Kids Books : Books for kids age 9 12 : Best Jokes 2016 (kids books, jokes for kids, books for kids 9-12, ... funny jokes, funny jokes for kids) (Volume 1) Caffeine Addiction Gone - A Beginners Guide to Overcoming Caffeine Addiction (Caffeine Addiction Guide, Caffeine Addiction, Overcoming Caffeine Addiction) The Caffeine Cure: A Definitive Guide to Finally Overcoming Your Caffeine Addiction (Addictions, Addiction Recovery, Overcoming Addictions Book 1) Overcoming Problem Gambling - A guide for problem and compulsive gamblers (Overcoming Common Problems) DYING TO REALLY LIVE: Finally, an After Death Survivor returns from deeply into life after death (NDEs - Life After Death? Series Book 1)

[Dmca](#)